

Psalm 130:1-4; Romans 6:15-18; Mark 2:1-12

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### Notes

**We can fully embrace God's forgiveness and be healed from being paralyzed in sin as we realize what forgiveness is.**

- Forgiveness is God meeting our \_\_\_\_\_ and hopelessness. *Mark 2:1-5; Psalm 130:1-4b; Isaiah 64:6*

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- Forgiveness is a \_\_\_\_\_ business. *Mark 2:6-8; Hebrews 9:14*

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- Forgiveness is final and \_\_\_\_\_ us. *Mark 2:9-12; Romans 6:17-18; John 8:36*

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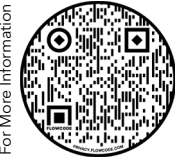


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**Memory Verse:** "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." - 1 John 1:9

**Next Week's Verses:** Psalm 146:7-10; Titus 3:5; Mark 10:46-52

## Digging Deeper



For More Information

### Daily Challenges

Choose one or more to do this week.

- Who do you need to forgive right now? If you thought of someone right away, this is a good Daily Challenge to pick. Forgive that person this week!
- Do you need to ask someone else for forgiveness? Seek that person out. Ask God to give you the right words when you approach that person.
- If there's a particular sin that's paralyzing you, find a trusted Christian friend or leader to help keep you accountable.

### Further Study and Discussion throughout the week

Use the following passages and questions to explore additional Biblical insights about your heart.

#### Monday—Luke 11:4

Why does forgiveness need to be both received and extended? What role does avoiding temptation play in forgiveness?

#### Tuesday—Luke 7:36-50

Would you consider yourself someone who has a big debt or small debt for your forgiveness? How do you show your appreciation for forgiveness?

#### Wednesday—Matthew 18:21-35

Who is someone you need to extend God's forgiveness to? Why is it important to forgive others?

#### Thursday—Acts 10:43

Why is believing in Jesus necessary to receive forgiveness? How confident are you that you're forgiven?

#### Friday—Ephesians 1:7-9

In what ways is forgiveness like riches? How do you know God has lavished forgiveness on you?

#### Saturday—Romans 6:15-18

In what ways has receiving Jesus' forgiveness impacted the way you live? What are you a slave to, sin or righteousness? Explain.

### Talk Topics

Talk about a time you and a friend or family member had a problem that required one person to forgive the other. What happened?

How does God's forgiveness encourage you to live better?

What's wrong with continuing to do or think things that don't please God and counting on Him to forgive you, as He promises He will?

Discuss how we can tell when we have attitudes or actions that are not pleasing to God. How can we know when we need to ask God to forgive us?