

Genesis 21:1-6; Philippians 4:4-7; Matthew 22:29-33

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Notes

In God's _____, His promises are seemingly _____.

God makes _____ on His promises in His timing and in His _____.

_____ erupts as the promise takes on _____.

_____ is at the _____ of the Gospel.

Memory Verse: "Rejoice in the Lord always. I will say it again: Rejoice!"
Philippians 4:4

Next Week's Verses: Genesis 21:8-21; Galatians 4:21-26; Luke 11:9-10

Talk Topics

Tell about the best gift you ever received from another person. How did you react? How does that compare with the way you react to God's gifts?

What are the top five things you're thankful for?

When have you responded to a gift from God with true gratitude?

In what ways do you see room for improvement in the way you express thanks to God?

Digging Deeper



Daily Challenges

Choose one or more to do this week.

- Write God a thank-you note. Think about each blessing God's given you, especially those you've taken for granted. Then take some time to thank God in prayer as well.
- Change up your prayers this week. Rather than focusing on the needs of yourself or others, spend time worshipping God and appreciating Him for who He is. It'll make your "regular prayers" that much more meaningful.
- Cut up 14 pieces of paper and write a gift from God on each one. Make an envelope from wrapping paper and put your "gifts" inside. The next time you're struggling to feel thankful, pull a slip out of your gift envelope and thank God for that gift. Then replace the paper with something new you can be thankful for.

Further Study and Discussion throughout the week

Use the following passages and questions to explore additional Biblical insights about your heart.

Monday—1 Thessalonians 5:16

What circumstances rob you of your joy? How can you be joyful and thankful even when things aren't going your way?

Tuesday—Psalm 100

What's the difference between praise and thanksgiving? In what ways do they overlap? How can you be more openly thankful to God?

Wednesday—Romans 4:16-22

Circumstances didn't change Abraham's faith. How have your experiences negatively impacted your faith or appreciation for God?

Thursday—Colossians 3:15-17

What does it mean for you to let peace rule in your heart? How could that promote more thankfulness?

Friday—James 1:17

What are some good and perfect gifts God has given you? How do you know they're from God?

Saturday—Psalm 19:7-11

What makes you thankful for God's Word? How can God's Word inspire you to be more thankful?