

Jeremiah 29:4-14; Philippians 4:4-6; John 9:1-7

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### Notes

#### Throughout our life...

God tells us the \_\_\_\_\_.

Jeremiah 11:9-13, 29:10; 1 John 1:5-10; John 14:6

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God gives us \_\_\_\_\_ and a future.

Jeremiah 29:4-14; 1 Peter 1:3-6

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**Memory Verse:** "For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope." - Jeremiah 29:11

**Next Week's Verses:** Nehemiah 1:1-11a; Hebrews 10:12-18; Luke 24:45-49

### Talk Topics

What could you say to someone who says: "The Bible claims that God has a plan for each of our lives. Does that mean that bad things are part of His plan?"

Talk about a time you or someone you know saw God unfold a special plan in their life such as, by meeting someone, providing employment, or healing someone.

Do you tend to spend most of your mental energy in the past, present, or future? How can you seek God in each of those tenses?

How can hope in God help you seek Him more today?

## Digging Deeper



### Daily Challenges

Choose one or more to do this week.

- What command about settling into Babylon challenged you the most: building houses, planting gardens, building relationships, or seeking the prosperity of enemies? Seek God this week by following through on anything He said to you about how to do one of those things.
- Each time you make a plan this week, big or small, do it prayerfully. Seek God and ask that His plans would be revealed to you.
- Is someone you know facing a big decision? Be a sounding board for that person. Spend more time listening than speaking, and help that person seek God in their situation.

### Further Study and Discussion throughout the week

Use the following passages and questions to explore additional Biblical insights about your heart.

#### Monday—Psalm 145:18-19

In what areas do you need to call on God? How is calling on God tied to seeking Him? What does it mean that God will grant your desires if you fear Him?

#### Tuesday—Psalm 18:6

What is making you feel distressed right now? How much have you sought God in the midst of your distress? What hope do you have that He will hear you?

#### Wednesday—Philippians 4:6

How can you seek God in the midst of the things that are worrying you right now? What can you be thankful for about those worries?

#### Thursday—Ephesians 6:18

Why is every occasion a good time to pray? Why do you need to stay alert in your faith? How does prayer help you do that?

#### Friday—Romans 8:26-27

What are some things you want to pray about, but don't know how? Pray about them right now, trusting the Spirit to intercede for you.

#### Saturday—Psalm 119:58

Have you sought God with all your heart? Why or why not? What would it take to do so or to continue to do so?