



Review of Homework and last week's lesson:

1. What are the two parts of Confession?
2. What makes it hard for you to forgive someone else?

Every year, we remember the day that Jesus started Holy Communion on a day we now call **Maundy Thursday**. It was the night before Jesus died. (right before Easter!) The word "maundy" comes from the Latin word "man datum" which means "command". That same night when Jesus started Holy Communion, and right before he died, he gave the disciples a final command.

Read **John 13:34**. What was Jesus' command?

Being a Disciple of Christ

Just as God gave the first communion to the first disciples, we also receive communion as the *followers of Christ*.

What does it mean to be a follower of Jesus?

To understand it completely, we need to look at some verses in the Bible.

Read **Matthew 28:18-20**.

Look at this verse and see if you can find some action words that describe what followers of Jesus do. Write them in the blanks below.

The first letter of each word is given.

G _____ M _____ D _____

B _____ T _____ O _____

So when we are a disciple of Jesus, we will do these things ourselves and help others to do them also. **Matthew 28:18-20** tells us not only to do these things, but also to bring others alongside of us. We should not only be baptized but also help others be baptized. We teach others also. And we should not only obey Jesus ourselves, but help others obey Him as well.

How Do We Follow?

In the first half of **Luke 10:27** we read of how we are to follow Jesus.

We are to follow Jesus with all of our _____,

with all of our _____,

with all of our _____,

and with all of our _____.

Jesus wants us to give Him every part of us. True or False ?

All of our heart, soul, strength and mind means that there should be nothing more important to us than God. Think of your favorite activity to do or your favorite food or your favorite person. As much as we love those things, God should still be more important to us.

Jesus Says, “**Follow Me**”

Read **Mark 8:34**. What does it mean to deny yourself?

What must you be willing to give up to follow Jesus?

In **Mark 10:21(NLT)** what did Jesus tell the rich young man who wanted to be a follower?

Jesus Christ won't necessarily ask you to give up everything you enjoy or to be unhappy, but He does want to be *the most important person in your life*, more important than anything or any other person!

God Wants Us To **Grow!**

Jesus wants us to grow every day in our relationship with Him. Below are some ways that you can be a follower of Jesus. Next to each of these, write something that you can do that you may not already be doing or can do better. Your mom or dad may help.

Learn more about Jesus. _____

Love Jesus more. _____

Serve Jesus. _____

Live for Jesus. _____

Help others know Jesus. _____

Holy Communion is a special way that God stays connected to you as you follow Jesus and live your life as a disciple of Christ!

How should you prepare for Holy Communion?

At Home

1. Confess your sins to God and ask for forgiveness.
2. Pray for God to guide you in the future.
3. Use the 10 commandments, Apostle's Creed, Lord's Prayer, Small Catechism, or the Holy Bible to examine your life.

At Church

1. Reflect on your preparation for communion.
2. Pray.
3. Participate in the worship service.

How do you receive Communion at Lutheran Church of the Master?

East Campus - Saturday 5:30 PM and Sunday 8:00 AM

- Ushers will direct you to go to the front of the church.
- You will kneel at the communion rail with the others.
- The pastor will give each person a wafer saying, "The body of Christ given for you."
- Children who do not receive communion will be blessed with the sign of the cross.
- A communion assistant will offer wine or grape juice to each person saying, "The blood of Christ shed for you." The wine is in individual clear cups on the outside of the tray. The grape juice is in purple cups in the middle of the tray.
- Another assistant or acolyte will come along with a basket in which you put your empty cup.
- After everyone in the line has communed the pastor will dismiss the group by saying something like, "Go in peace. Serve the Lord." You then will go back to your seats.
- Another line of people will then come up to receive communion.

East Campus - Sunday 9:15 AM

Communion is served very similar to the Sunday 8 AM service above. There is one big difference: You do not wait to be dismissed by the pastor. Instead, after depositing your empty cup into the basket held by the acolyte, you get up and return to your seat. Another person will then come up to kneel where you were.

West Campus - Sunday 9:00 AM Traditional/Contemporary & 10:30 AM

Receiving communion at this worship service is called "continuous flow" communion. It is often used at worship services where there are a lot of people. Ushers will direct the people in one or two lines up the center aisle. Either a pastor or a worship assistant will first offer you the bread wafers, and then another assistant will offer you the wine or grape juice. The wine is in individual clear cups on the outside of the tray. The grape juice is in purple cups in the middle of the tray. Either an assistant will have a basket for you to return your empty cup, or there may be a basket on a wooden stand for you to leave your empty cup. You continue walking and return to your seat.

How other churches serve Communion?

You have seen that there are many ways Holy Communion is served at Lutheran Church of the Master. Other churches have even more variations. Some ways may seem strange to you. However, no one way is right. Here are some other examples:

- Some churches use white wine rather than red wine.
- Some churches only serve grape juice instead of wine.
- In some churches everyone drinks from one common cup.
- In many Roman Catholic churches the people eat the bread, but only the priest (pastor) drinks the wine.
- In some churches the bread and wine are passed down the row from person to person. Each person communes the person next to him.
- In some churches you get a wafer or a piece of bread and dip into a chalice of wine. Then you eat the soaked bread. This is called “intinction”.

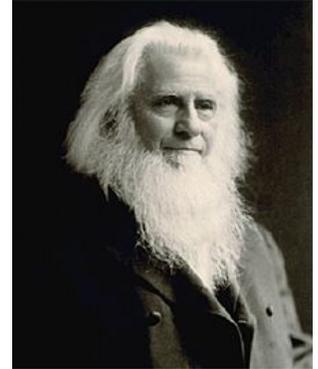
Our church often does intinction at Maundy Thursday worship service.

- Some churches have a prepackaged wine and wafer you pick up when you enter the church. During communion you open your wafer and wine, and at the appropriate time eat and drink it while in your seat.
- Some churches will not give you communion if you are not from their Denomination. Some will give you communion if you ask the pastor, first.

Did you Know?

Thomas Bramwell Welch first created grape juice for the purpose of Holy Communion?

“In 1869, Welch invented a method of pasteurizing grape juice so that fermentation was stopped, and the drink was non-alcoholic. He persuaded local churches to adopt this non-alcoholic "wine" for communion services, calling it "Dr. Welch's Unfermented Wine."”



http://en.wikipedia.org/wiki/Thomas_Bramwell_Welch

When you receive Holy Communion you will have a choice of taking wine or grape juice. Will choose wine or grape juice for your first communion?

_____ Why? _____

Congratulations!

You have made it through ***Table of the Lord***.

We pray you have grown closer to the Lord and your desire to serve Him has increased.

We hope that receiving the Lord's Supper will have new meaning for you and your walk with the Lord will be meaningful, exciting and joyful as God teaches you more about Himself.

May you continue to grow in the Lord as you love and serve Him!

HOMEWORK:

Students: Complete your take-home test. Bring it with you when you have your interview with a pastor. Bring your parent(s) with you as well.

Parents: Discuss with your students these questions:

1. When have you had doubts that you were forgiven or loved? What did you do when you had doubts? Read about The Forgiveness of Sins, page 165-168 to learn why you can be sure you are forgiven by Jesus Christ.
1. What is Confirmation? You can read about it on page 245 of your Small Catechism. Parents, if you have participated in confirmation, share with your child what it meant for you. How have you grown in your relationship with Jesus since your baptism or confirmation?

Name _____
Interview date _____ Time _____
Interview with Pastor _____

Take Home Test - Bring this completed test to your interview with a pastor.

Please answer the following questions based on what you learned in *Table of the Lord*.

You may use your book to help you.

1. How do you know that you are have eternal life?
2. How can you show others you are a Christian?
3. How should you prepare yourself for Holy Communion?
4. What does the bread remind us of?

What does the wine/grape juice remind us of?

5. What is the connection between Holy Communion and our sins?
6. Why is it important to receive Holy Communion?
7. Do you think you are ready to receive Holy Communion? Why or why not?