



Welcome to the

Table of the Lord

Session 3

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Review of Homework and last week's lesson:

1. What does your baptism, or your child's baptism, mean to you?
2. Who is "The Old Adam" and what does that look like in our lives?

When Jews celebrate the Passover Meal, they remember how God saved them from slavery under Pharaoh in Egypt. When we celebrate Holy Communion, God reminds us that every day Jesus still saves us.

But what does Jesus save us from? Today, we will use both the New and Old Testaments to learn more about who we are, and who our awesome God is.

Read **Genesis 3:1-15** in your Bible.

Notice how Adam and Eve disobeyed God. God had created a perfect world, with only one rule. Satan tempted Adam and Eve and they chose to disobey.

In **Romans 5:12 (NLT)** we read: *"When Adam sinned, sin entered the world. Adam's sin brought death, so death spread to everyone, for everyone sinned."*

What two things entered the world because of Adam and Eve's disobedience?
_____ and _____

Sin and death entered the world, which is a big, big problem for us!

According to **Romans 3:23**, who sins, or disobeys, God? _____

According to **Romans 6:23**, what is the result of sin? _____

This verse is talking about a spiritual death where we would be separated from the God of Life forever. The "Old Adam" is separated from God. How does knowing your sin separates you from God make you feel?

What does sin look like in your life?

Read **Matthew 22:36-40**.

³⁶“Teacher, which is the most important commandment in the law of Moses?” ³⁷Jesus replied, “You must love the LORD your God with all your heart, all your soul, and all your mind.” ³⁸This is the first and greatest commandment.

³⁹A second is equally important: ‘Love your neighbor as yourself.’

⁴⁰The entire law and all the demands of the prophets are based on these two commandments.” (NLT)

The people knew Jesus was talking about the 10 Commandments, which God gave to Moses. You can read about them in **Exodus 20** and **Deuteronomy 5**.

The first 3 Commandments remind us how to Love God.

1. You shall have no other gods.
2. You shall not misuse the name of the Lord your God.
3. Remember the Sabbath day by keeping it holy.

The last 7 Commandments remind us how to love our neighbor.

4. Honor your father and your mother.
5. You shall not murder.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not give false testimony against your neighbor.
9. You shall not covet your neighbor’s house.
10. You shall not covet your neighbor’s wife, or his manservant or maidservant, his ox or donkey, or anything that belongs to your neighbor.



Like looking in a mirror: We can see our own personal sin when we examine our THOUGHTS, our WORDS, and our ACTIONS.

Which one of the commandments is particularly hard for you to keep?
Do you break this commandment with your thoughts, your words,
your actions, or all three?

Why do you think it is so hard to keep the commandments?

Good News!

We cannot save ourselves from sin and death. But God loves us so much that God doesn't want to see us die and be separated from Him. He wants us to live forever with him. So God sent us Jesus!

Read **1 John 4:10 (NLT)**.

"This is real love—not that we loved God, but that He loved us and sent His _____ as a _____ to take away our _____."

God gave us the promise that Jesus would take our place on the cross back in the Old Testament! Read **Isaiah 53:5 (NLT)**.

"But he was pierced for our _____, crushed for our _____. He was beaten so we could be whole. He was whipped so we could be healed."

What might be another word for *rebellion*? _____

We are to look carefully for the sin that is in us. Only then can we ask for forgiveness. After we confess our sin and receive forgiveness, then we can truly repent ("turn away from our sin") and celebrate our relationship with God!

1 John 1:9 (NLT) says, *"But if we _____ our _____ to Him, He is faithful and just to _____ us our _____ and to cleanse us from all wickedness."*

Not only is there a need to confess our sins, but through the death of Jesus we also have our sins forgiven! Through forgiveness, God creates in you a clean heart, and makes you a new creation. You are a "New Adam" or a "New Eve".

You are a child of God!

HOMEWORK:

Students: Complete the Crossword on the following page.

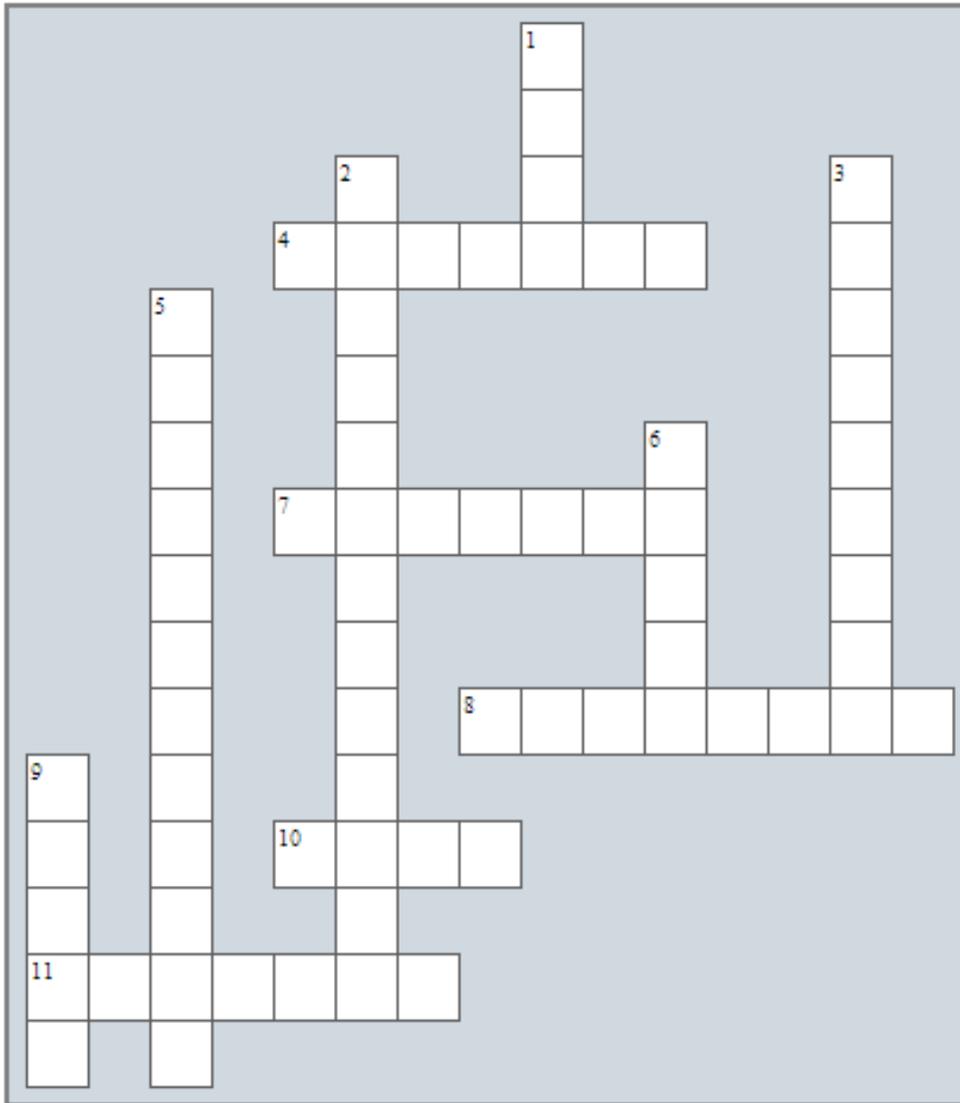
Parents: Discuss with your students these questions:

1. Read the 4th Commandment in your Small Catechism beginning on page 74. What does God forbid in this commandment? What does God require of you? And what does God promise you?
2. Read "The Fulfillment of the Law" in the Small Catechism beginning on page 95. Which commandments are hard for you to keep? How can you keep God's commandments perfectly? What hope do you have when you break a commandment?

Name _____

Homework Session 3 - hand in completed homework next week.

Holy Communion Crossword Puzzle



Across

4. To tell or admit your sins
7. If we confess, God will _____ us
our sins
8. A Jewish Celebration remembering
when they were slaves in Egypt
10. Jesus said this is my blood
11. We can sin by our thoughts, words,
and _____

Down

1. The Greatest Commandments: to
_____ the Lord and _____ your neighbor
2. The Lord's Supper
3. Jesus was our _____ to take away
our sins
5. God gave Moses 10 of these
6. He died for our sins
9. Jesus said this is my body